

Duration: 2.30 hrs

Total marks: 80

Note: 1. Attempt all questions

2. All questions carry equal marks

Q1.

A) Explain the role of formal and informal helpers. What are the basics in helping relationships?

OR

B) Explain the role of beliefs, values, norms, and moral principles in the helping process.

Q2.

A) Explain Person centered approach to counselling

OR

B) Explain in detail the basic concepts and therapeutic approach of Psychoanalytical counselling

Q3.

A) Explain in detail narrative counselling and crisis and trauma counselling approaches.

OR

B) Give a brief history of group work. What are the common misperceptions and realities of group therapy

Q4.

A) Give the treatment model for alcohol abuse and addiction

OR

B) What are the different types of interpersonal abuses that may require help and counselling?